



# Caring Palms Massage and Reiki Newsletter

June 2012

## In This Issue

[Closed for Continuing](#)

[Education](#)

[Upcoming Events and Such](#)

[Reiki Class Schedule](#)

[Animals Know](#)

[Modality of the Month](#)

[Caring Palms Promise](#)

[You Have Questions?](#)

## Quick Links

[The Caring Palms Website](#)

## Join our list

[Join Our Mailing List!](#)

## Greetings!

Welcome to the June issue of the Caring Palms newsletter. This month we have an article and an updated class schedule.

I hope you like what we have here.

## Caring Palms Closed for Continuing Education

The Caring Palms studio will be closed Monday, June 4<sup>th</sup> through Thursday, June 7<sup>th</sup> while Brian takes continuing education classes in table top Thai massage.



The studio will reopen Friday, June 8<sup>th</sup> at the regular hours. We hope everyone has a good and safe holiday weekend.

## Upcoming Events and Such

In the next couple of months, Brian will be attending seminars so that he can extend his knowledge and abilities to help people. The Caring Palms Studio will be closed during each of these seminars.

July 12 - 15, Stansted in Florida, a mediumship seminar.

Caring Palms is looking at dates to schedule a Body Mechanics class this year. We are looking at some time in the fall and will post the dates once they have been decided.

We are also creating a class on fascial work and stretching which will be offered to Caring Palms' students that are massage therapists. Once created, we will be shopping for dates and students.

Other events will be added as they come.

## Reiki Class Schedule

The following is a list of currently scheduled Reiki Classes. Each class (unless otherwise marked) currently has a status of 'Scheduled'. This means that a date has been set, but no one has signed up for it yet. Once a deposit has been received for a class, the status will be 'Confirmed'. Any class marked as 'Closed' has basically filled up. (**Note:** In some cases, one may be able to enter a class marked 'Closed' with permission of the instructor.)

靈  
氣

The current schedule is as follows:

#### Reiki 1

- June 9 (Saturday) 10am - 5pm
- July 14 (Saturday) 10am - 5pm
- August 11 (Saturday) 10am - 5pm
- September 8 (Saturday) 10am - 5pm
- October 13 (Saturday) 10am - 5pm
- November 10 (Saturday) 10am - 5pm

#### Reiki 2

- June 23 (Saturday) 10am - 5pm **Confirmed**
- October 27 (Saturday) 10am - 5pm

#### Reiki 3

- April 28, 2012 (Saturday) 10am - 5pm **Confirmed**
- July 28 (Saturday) 10am - 5pm
- December 27 (Saturday) 10am - 5pm

All classes are open to anyone wanting to learn this unique method of hands-on healing. The cost for each class is \$100 no matter what level of Reiki the class is for. A 50% deposit (\$50) is required a minimum of seven (7) days prior to the class date (or permission of the instructor) to reserve a space in the class. Classes with no deposits received by the deposit date will be canceled. All class statuses may be viewed on the Reiki side of the web site under 'Class Scheduling and Schedule of Classes'. You can also sign up for classes there.

Each Reiki class is six (6) CEUs for Florida massage therapists.

## Animals Know

by Brian Dean

Energy and animals. I always find it amazing how animals sense peoples energies. We do the same thing, but we cover that up with words and intentions and a ton of other things. These animals, they sense it and accept it for what it is and that is just so neat.

Not too long after our golden retriever Bebe passed, we started looking for another dog. We went to the golden retriever rescue group and waited while they processed our application and had a dog that

might be what we were looking for.

The lady who was fostering this dog e-mailed me pictures of the dog and told me that someone else was going to look at him the day after Thanksgiving. I replied that I was interested in the dog but did not want to know more until they knew whether this other couple wanted him or not

Checking my mail the day after Thanksgiving, I found e-mail from her stating that the other couple had looked at the dog and decided that he was too much of a puppy for them. We set up a time to see the dog the next morning.

Upon walking in the house, we met the dog right at front door. We let him sniff us over, and then I got down on my knees and started petting him. He just stayed there and let me do it. The foster mom had us come into the living room and sit down, and the dog came over in laid at our feet. We picked up a toy threw it a couple times and he ran after and got it and brought it back to us. But for the most part, he just stayed with us and was not very active. The foster mom told us that this was a totally different dog than the other people had seen the day before.

While this dog was not a purebred golden, he was part Golden and part Labrador retriever (we call it a labrigold retriever). Golden retrievers can be quite hyperactive with lots of energy. Labrador retrievers tend to be more laid back and calm. This dog, whom they were calling Judd, seemed to have inherited both of those traits. Not knowing his birthday, they figured he was between one and two years old. He could very much be the puppy, right at that moment he was being very calm and very laid-back.

We got to take him home that day for a two-week trial to see if he worked out with our other dog and our cat. After the first week, we saw that he could be both a very active and a very calm dog. Most the time he laid by my side. Even if I got up to go to the bathroom, when I came out he would be sitting outside the door waiting for me (and he still does that to this day). At that point, we had decided that we were going to keep him and re-named him Tyler which he responded to a lot more than he did Judd.

But when I look at how it all came together, he read our energies from the moment we walked in the door at the foster home. He decided in those very few seconds that we were the people he wanted to go home with. The day before with the other couple, he must've sensed that it would not be right for him and had been much more rambunctious because of that. With us he decided it was absolutely right, and played the role of the super calm dog to make that point.

Animals know. They really do. There is no doubt in my mind that this

dog chose us.

## Modality of the Month

### Reiki

Although Reiki is not massage (as the muscles of the body are not manipulated), it is a very relaxing yet powerful method of healing. In the simplest form, Reiki is the laying on of hands. It is guided, positive energy brought in from the universe by someone that knows how to 'tap into' it, and passed into someone in need of healing.

All problems in the body, whether they be illnesses or injuries, are centered around negative energy. Reiki overcomes the negative energies with positive energy, in most cases making the person feel better, and in some cases removing the problem completely. Reiki has been known to reduce and alleviate pain, discomfort, or disease of any kind, and has been used on all major diseases. Reiki is hands-on healing and a nice pleasant experience.

[read more](#)

## Caring Palms Promise

At Caring Palms, we pledge to do the best work we can at every session. We not only do this to continue to earn your business, but because we believe that you deserve the best care possible every time you are here. This is true whether it is massage, or energy work, or classes. This is our promise. This is what we will continue to do.

## Can We Answer Your Questions?

You have Questions? Maybe we have answers.

Each month, we write articles on a variety of subjects. Is there something that you would like to see us write about? Do you have questions that you'd like answered? Do you have questions on massage? On Reiki? On energy work in general? Submit your questions or requests to [Brian@CaringPalms.com](mailto:Brian@CaringPalms.com) and we will try to see if we can answer them for you.

May light continue to illuminate your path. Take care.

**Sincerely,**

Brian  
Caring Palms Massage and Reiki  
(904) 246-2206