

# Caring Palms Massage and Reiki Newsletter November 2013 Addendum

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# **Greetings!**

**Getting Ready** 

It has been a furious 12 days since taking possession of the new studio. It has been 12 days of construction, patching, painting, and painting, and even more painting. The majority of the prep work is done with some cleaning to be done tomorrow (Wednesday) and carpet is being installed Thursday. With the carpet in, we can bring in all the stuff that is in the storage unit (see next article). Then will begin the long process of putting stuff together.

The city of Jacksonville Beach has approved Caring Palms' local business license, and next week I need to see what I need from Jacksonville proper. I also need to look at window coverings. And the signs have been approved, but a couple more details need to be worked out. Once I have a treatment room set up, I can apply to the state for the transference of the establishment license. Everything is still on track for opening in the beginning of December.

# Moving In Day This Weekend

Caring Palms is looking for any help we can get to move from the storage unit into the new studio this Saturday, November 16<sup>th</sup>.



I have reserved the truck for 11am. I would like to meet any helpers at the new studio location between 10am and 10:30 am. The new location is 301-B 10<sup>th</sup> Avenue North in Jacksonville Beach. It is the

shopping center with Sprint and Buddha's Belly in it, across 10<sup>th</sup> Avenue from the Mellow Mushroom restaurant. Caring Palms is between Buddha's Belly and Jazzercise.

We will have to have the truck back before 5pm, and I don't expect that to be a problem. It should take 2 trips to the storage unit and back to clean it out. All in all, I wouldn't expect it to take more than a few hours.

If anyone can help, please let me know ASAP either by phone or email.

#### **Rooms For Rent**

When Caring Palms opens the new studio, there will be two rooms available to rent for holistic practitioners. This includes massage therapists, acupuncturists, hypnotists, or any other person that practices holistic healing. Those people will need to get their own tax license for Jacksonville Beach and carry proper insurance for their vocation. If you know anyone looking for a room in the beaches area in a very good location, please have them contact Caring Palms.

# **Looking To Hire**

Caring Palms is looking to hire a massage therapist for the new studio. This person would be working as an employee of Caring Palms and should be licensed in the state of Florida and have practitioner's insurance (or be willing to get it). Serious applicants will be expected to give a massage to be evaluated. They should also be willing to build a clientele rather than walk into one built by someone else.

Caring Palms pays 50% of the hourly rate charged (\$70) with any discounts coming out of Caring Palms' half. If you know anyone interested, please have them call us.

#### Reiki Share

Caring Palms has a Reiki Share the first Wednesday of each month. A Share is where Reiki practitioners get together to work on each other. Group Reiki work is done where each person gets time on the table and worked on by several therapists at once. Any practitioner is invited no matter what lineage they have.

The next Reiki share is on

# Wednesday, December 4th from 7pm to 9pm.

Since this month's share is the night before a holiday, *PLEASE* let us know if you plan to attend.

**Note:** This will happen as long as we are in the new place.



# **Caring Palms Promise**

At Caring Palms, we pledge to do the best work we can at every session. We not only do this to continue to earn your business, but because we believe that you deserve the best care possible every time you are here. This is true whether it is massage, or energy work, or classes. This is our promise. This is what we will continue to do.

# **Can We Answer Your Questions?**

You have Questions? Maybe we have answers.

Each month, we write articles on a variety of subjects. Is there something that you would like to see us write about? Do you have questions that you'd like answered? Do you have questions on massage? On Reiki? On energy work in general? Submit your questions or requests to <a href="mailto:Brian@CaringPalms.com">Brian@CaringPalms.com</a> and we will try to see if we can answer them for you.

May light continue to illuminate your path. Take care.

Sincerely,

Brian

Caring Palms Massage and Reiki